



Leighton Buzzard Swimming Club

SPRINGBOARD OPEN MEET 2019

Schedule of Events

Session 1: Warm up 9.00 am, Start 10.05 am

1. Boys 200m Individual Medley
2. Girls 100m Butterfly
3. Boys 50m Butterfly
4. Girls 50m Backstroke
5. Boys 100m Backstroke
6. Girls 100m Breaststroke
7. Boys 50m Breaststroke
8. Girls 50m Freestyle
9. Boys 100m Freestyle
10. Girls 100m Individual Medley

Session 2: Warm up 2.00 pm, Start 3.05pm

11. Girls 200m Individual Medley
12. Boys 100m Butterfly
13. Girls 50m Butterfly
14. Boys 50m Backstroke
15. Girls 100m Backstroke
16. Boys 100m Breaststroke
17. Girls 50m Breaststroke
18. Boys 50m Freestyle
19. Girls 100m Freestyle
20. Boys 100m Individual Medley